

Del Val Junior Lacrosse Monthly Meeting  
January 30th at 7 p.m.

**TIME and PLACE:** Meeting was held at the Del Val High School

**MEETING:** Brent Kephart started the meeting at 7pm

**OFFICERS PRESENT:** Brent Kephart, Pete Pfreundschuh, Audrey Wilcox, Kelly Dixon, Bill Dixon, John Fishbourne, Jack Connolly, Nan Stevens & Jill Boethig

**WELCOME:** Brent welcomed parents to meeting and introduced officers. He showed a powerpoint presentation of Chargers history and discussed where we want to be as an organization. He discussed the PCA (Positive Coaching Alliance) workshops on March 10<sup>th</sup> at the High School. Brent also discussed how important it was for parents to be involved. At each team table there was a "Team Parent Positions" form. This form is for parents to sign up to be a "liason" for their team for different areas of the organization. For example; Team parent, Concession liaison, Community days, Equipment liaison, etc.

**TREASURER:** Pete reviewed the budget and asked for a vote on budget. Bill Dixon motioned to have the budget approved. Mike Nugent seconded the motion. The budget was approved. Pete discussed the "Thermometer" which is future spending on CPR training for all coaches, purchasing a defibrillator and purchasing shelving/power for the snack shack. A question was asked if Alexandria township could purchase the defibrillator since the fields are in Alexandria. Pete will look into this.

**Practices:** Bill discussed the practices at the High School starting in March. Because of so many other sports going on, gym time is hard to get. He discussed parents helping out weekly.

**BOYS LACROSSE:** Jack introduced coaches. Jack passed out schedule. This is set in January. This release is good for a while. The schedule

includes practice and games. Into the season we would then go to LeagueMinder. Because of the size of some teams, platooning will be used. We also have a lot of games this year.

**GIRLS LACROSSE:** Audrey introduced coaches. She discussed second graders “clinic” will be held on Saturday mornings from 9–10:15. Some of the girls team will be “patrolled”. It is like platooning, in order to get everyone to play. There will be a 7&8<sup>th</sup> grade girls “D” team which will consist of experienced girls and they will combine with a Flemington team and play some games. The girls need blue cheerleader bloomers. A parent asked about the goggles. Criss-cross goggles should be worn. She also discussed how vital the team parents are to the organization.

**EQUIPMENT:** Johnn stated that the players must wear what the Del Val Chargers give out. The boys need to purchase mouth piece, cup, stick and rib pads (if they want to wear them). The girls need to purchase stick, cleats, bloomers & mouth piece. He showed the top of the line Cascade helmets we are purchasing. At the next meeting in February, there will be times for uniform/equipment handout

**CONCESSION:** Nan talked about the different events we run the concession stand; Community Day (Alexandria & Holland), Ice Bow (LAX tournament we sponser) and end of the year Picnic.

**FUNDRAISER:** Kelly talked about our Candy fundraiser. You can pick up the candy on March 3<sup>rd</sup> at the barn (Alexandria field) The fundraiser ends on March 24<sup>th</sup>. You can either sell the candy or give her \$50 that day. This fundraiser is per player for two players or under per family. She suggested purchasing the leftover Ice Bowl tee-shirts for \$5.00 tonight. They would make a nice gift. She will also be also offering, by order, signature sweatshirts. This is where each player can order a sweatshirt that has his/her teammates name on them. It was a big hit in the past!

**PRO-IMPAX:** Brent introduced the owners of Pro-Impax. This organization runs clinics/training for boys lacrosse. They focus on skills

in order to become a good lacrosse player. The clinics are held at "Aspen Ice" in Flemington.

**NEXT MEETING:** The next meeting will be on February 27<sup>th</sup> in the Del Val High School Cafeteria at 7pm. A live demo of the game to follow after the meeting. Bring your questions!